

CBT Solutions

Professional & Confidential Services in Cognitive Behavioural Therapy

In association with PCI College

Presents

A one-day Conference for Helping Professionals

Social Anxiety

“Escaping the Self-Consciousness Trap”

**** Sunday 28th November ****

******* (NB: Please note change to originally advertised date) *******

Louis Fitzgerald Hotel

Newland's Cross, Naas Rd., Dublin 22

*The conference will be opened by **Dr. Harry Barry***

*author of “Flagging the Problem: A New Approach to Mental Health”
& “Flagging the Therapy: Pathways Out of Depression and Anxiety”*

Presenters:

Eoin Stephens *(PCI College/CBT Solutions) - “Social Anxiety & Alcohol”*

Laura Turley *(CBT Centre) – “CBT for Social Anxiety”*

Declan Fitzpatrick *(Addictive Behaviours Centre) – “Social Anxiety & Sexual Addiction”*

and others

Registration: 9.30 (finish 16.00)

Cost: €75 (Lunch included)

For more information visit our website at: **www.cbtsolutions.ie**

Please cut off and send this booking form (with cheque for €75 payable to *CBT Solutions*) to:

Marina O'Donovan, CBT Solutions, 2a Orchard Rd, Clondalkin, Dublin 22

CLOSING DATE FOR BOOKING: 22/11/10

Name:..... Phone:..... Email:.....

Address:.....